

Category	Sub Category	Manufacturer	Item	Carried/Worn	Weight (grams)	
Clothing	Insulation	Berghaus	Infinity Jacket	C	308	
Clothing	Socks	Icebreaker	Hiker Mid Socks	C	76	Spare
Clothing	Waterproof Jacket	Montane	Quickfire	C	321	
Clothing	Waterproof Trousers	Mountain Equipment	Waterproof Trousers	C	284	
Clothing		Buff	Buff	C	40	
Clothing	Baselayer	Icebreaker	Mondo 200	C	238	Spare because of pubs
Clothing	Baselayer	Icebreaker	Merino Boxers	C	89	Spare
Cooking	Bag	Alpkit	Food bag	C	16	
Cooking	Fuel	Esbit	Esbit Tablet * 7	C	105	
Cooking	Fuel		Meths, bottle & meaure	C	137	
Cooking	Hydration	Platypus	1L	C	27	
Cooking	Implement		matches	C	8	
Cooking	Implement	Sea To Summit	Short Spoon	C	8	
Cooking	Implement	MSR	Tea Mate	C	18	
Cooking	Implement		Lighter	C	13	
Cooking	Stove	Trail Designs	Caldera Keg (no Stove)	C	147	
Cooking	Stove	Trail Designs	Gram Cracker + bag	C	12	
Cooking			Kuksa	C	121	
Hygiene & Meds	First Aid Kit Bag	Aloksak	4.5" x 7"	C	7	
Hygiene & Meds	plaster	Compeed	Assorted Blister plasters	C	6	
Hygiene & Meds	plaster		cushioned plaster	C	0	
Hygiene & Meds	Tablets		Atenolol (5)	C	2	
Hygiene & Meds	Toiletries	Lifeventure	Trek towel	C	46	
Hygiene & Meds	Toiletries		Folding Toothbrush	C	12	
Hygiene & Meds	Toiletries		Alpkit bag for toiletries	C	10	
Hygiene & Meds	Toiletries		Toilet paper in freezer bag	C	19	
Hygiene & Meds	Water purification		Aquaclear	C	0	
Hygiene & Meds			Dr Bronner's Magic Soap	C	50	
Hygiene & Meds			Contact lenses (pair) * 13	C	52	
Misc	drybag	exped	XXS drybag	C	27	Electric stuff carried in it
Misc	Headtorch	Petzl	e-Lite	C	28	
Misc	Implement	Victorinox	Knife	C	35	
Misc	Navigation	Silva	Compass	C	30	
Misc	Navigation	Ortleib	A4 Map Case	C	52	
Misc	Navigation		Printed Maps	C	96	
Misc	Phone	Apple	iPhone 3G	C	134	
Misc	Photography	Joby	Gorillapod	C	43	
Misc	Photography	Panasonic	DMC-ZX1 Camera	C	161	includes Gorillapod fitting
Misc	Photography	LowePro	Apex 20AW Case	C	72	
Misc			Cloth	C	3	
Misc			Guy line	C	13	Used for spare & washing line
Misc			iPhone Battery Charger inc batteries	C	133	Batteries can be different weights
Misc		Sony	headphones	C	17	
Misc			Foam Mat	C	20	Used for sitting and getting in & out of shelter
Misc			Headnet	C	40	
Pack		Golite	Golite Jam	C	732	
Shelter	Groundsheet		Tyvek	C	141	
Shelter	Pegs		Trailstar pegs (inc bag)	C	143	5 Stakes, 5 small pegs, 1 backpacking light stake
Shelter		MLD	Trailstar (inc bag)	C	551	
Sleeping	bag	PHD	Minimus + drybag	C	464	
Sleeping	Bag	Thermarest	NeoAir Bag	C	13	
Sleeping	Mat	Thermarest	Neo-Air Short	C	265	
Sleeping	Repair Kit	Thermarest	NeoAir repair Kit	C	19	
Sleeping		Backpackinglight.co.uk	Silk sleeping bag liner	C	114	
Sleeping		PHD	Down socks	C	108	
Sleeping		Exped	Drybag for down socks	C	36	
			Total		5662	
Clothing	Baselayer	Icebreaker	Mondo 200	W	238	
Clothing	Baselayer	Icebreaker	Merino Boxers	W	89	
Clothing	Footwear	Inov8	Terroc 330 w/o insoles	W	662	
Clothing	Footwear		Custom Insoles	W	100	
Clothing	Gloves	Rab	Polartec Gloves	W	53	
Clothing	Hat	Icebreaker	Hat	W	51	
Clothing	Legs	Montane	Terra Pants	W	358	
Clothing	Socks	Icebreaker	Hiker Lite Socks	W	73	
Clothing	Windproof	Montane	Litespeed	W	173	
Misc	Walking Poles	Pacer Pole	Pacer Poles (pair)	W	666	
			Total		2463	